

Yoshiko Sakuma

Education

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- London School of Hygiene and Tropical Medicine** · (London, UK) Oct 2025 – Present
- Nagasaki-LSHTM Joint PhD Programme in Global Health
 - Accessibility of cervical cancer screening among women with disabilities in Japan/UK, supervised by [Dr. Joseph D Tucker](#), [Dr. Sara Rotenberg](#), and [Dr. Atsuko Imoto](#).
- Imperial College London, Global Health Service Stream** · (London, UK) Oct 2021 – Oct 2022
- Faculty of Medicine, Master of Public Health
 - Dissertation Project: The SHINE project, a mixed-method study that highlights the inclusion of disabled participants in clinical trials (Funded by the EDI Seed Fund).
- International University of Health and Welfare** · (Kanagawa, Japan) Apr 2013 – Mar 2017
- Department of Physical Therapy, BSc Physical Therapy (Hons)

Research/Work experience

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- NIHR Policy Research Unit in Reproductive Health** Sept 2024 – Present
- Research Fellow
 - Leading the quality of abortion care among women with medically and/or socially complex needs with [Dr. Rebecca French](#).
- London School of Hygiene and Tropical Medicine** (London, UK) April 2024 - Present
- Research Fellow, Department of Public Health, Environments & Society
 - Working on [the IMPULSE study](#), [the EN-BIRTH study](#), and the WHO MNC (Maternal, Newborn, and Child) quality of care project, all under the leadership of [Dr. Louise Tina Day](#).
- King's College London, King's Global Health Partnership** (London, UK & DRC) Jan 2024 - Present
- Lead Researcher, [Trauma System Development](#) in the Democratic Republic of Congo.
 - Lead fracture care assessments, evaluating outcomes through narrative review and quantitative analysis.
- London School of Hygiene and Tropical Medicine** (London, UK) Jan 2023 - July 2024
- Research Assistant, Department of Clinical Research, supervised by [Dr. Eneyi Kpokiri](#) and [Dr. Joseph D Tucker](#).
 - Led the Discrete Choice Experiment (DCE) survey project to investigate sexual health service preferences among disabled older adults and sexual minorities, organised a community engagement group, online/in-person co-creation activity, and a designathon in [the SHOAR project](#).
- Imperial College London, Master of Public Health** (London, UK) Oct 2021 – Oct 2022
- The SHINE project: Shining a spotlight on the inclusion of disabled participants in clinical trials, collaborated with the Imperial Clinical Trials Unit under the supervision of [Dr. Henock Taddese](#).
 - Conducted a mixed-methods study to investigate potential obstacles disabled people may face participating in clinical trials by utilising online questionnaires and focus group discussions.

Selected publications [*Full list](#)

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- 1) **Y Sakuma***, B Lin*, E Kpokiri, J Khan, H Zou, J Tucker, T Shakespeare, H Kuper, D Wu et al., "Sexual Health Behaviours and Outcomes among Middle-aged and Older Disabled Adults: Findings from the Third National Survey of Sexual Attitudes and Lifestyles (Natsal-3) in Britain", 2025 (under the review).
 - 2) **Y Sakuma***, W Tieosapjaroen*, D Wu, H Conyers, T Shakespeare, J Guigayoma, E Kpokiri, J Ong et al., "Preferences for sexual health services among older adults in the United Kingdom: A discrete choice experiment", *BMJ STI*, 2024.
 - 3) **Y Sakuma**, M Miller, T Henock. et al., "Shining a spotlight on the inclusion of disabled participants in clinical trials: a mixed methods study", *Trials*, 2024.
 - 4) **Y Sakuma***, H Conyers*, J Tucker, S Day, D Wu, E Kpokiri. et al., "Co-creating inclusive health services for older adults: An innovative participatory approach", *Sexual Health*, 2024.
 - 5) **Y Sakuma***, M Lopez*, J Tucker, S Day, D Wu, E Kpokiri. et al., "Community-engaged strategy to improve

sexual health services for adults aged 45 and above in the United Kingdom: A qualitative data analysis”, *Sexual Health*, 2024.

Conferences

- 1) **Y Sakuma**, C Cao, D Wang et al., “Preferences for In-Person Sexual Health Services Among Middle-Aged and Older Adults: Findings From Discrete Choice Experiments Conducted in the UK and China”, *STI & HIV 2025 World Congress*, 2025 (Oral presentation).
- 2) D Wu, **Y Sakuma**, E Kpokiri et al., “A Designation to co-create inclusive sexual health services for older adults in the UK: The SHOAR study”, *British Association for Sexual Health and HIV*, 2024 (Symposium).
- 3) **Y Sakuma***, W Tieosapjaroen*, J Ong, E Kpokiri et al., “Preferences for Sexual Health Services Among Older Adults in the United Kingdom: A Discrete Choice Experiment”, *International Academy of Health Preference Research*, 2024 (Poster presentation).
- 4) **Y Sakuma**, M Miller, T Henock et al., “The SHINE project: Shining a spotlight on the inclusion of disabled participants in clinical trials”, *UKCRC Registered CTU Network, Trial Managers National Meeting in Birmingham*, 2023 (Oral presentation).

Journal/Peer-reviewing services

Japan Society of International Rehabilitation, Editorial Board	2025 – Present
Disability and Health Journal, Science Direct	2024 – Present
Sexual Health, CSIRO Publishing	2023 – Present

Invited Talks/International-National meetings

Korea-Taiwan-Japan Future Network Meeting	May 2025
Women in Science Excellence and Revolution (WISER)	May 2025
The University of Tokyo/PPI Japan	May 2025
British Association for Sexual Health and HIV	June 2024
PT-skills/International University of Health and Welfare	May 2024
Global Café/Japanese Physical Therapy Association	Dec 2023
Trial Managers National Meeting/UK Clinical Research Collaboration	April 2023

Scholarships/Grants

World-leading Innovative & Smart Education (WISE) Programme	Oct 2025 – Sept 2028
Japanese Ministry of Education, Culture, Sports, Science and Technology	

Graduate Scholarship for Degree Seeking Students	Oct 2025 – Sept 2028
Japan Student Service Organization	

Marronnier Scholarship	Oct 2021 – Oct 2022
International University of Health and Welfare, The Marronnier Alumni Association	

International University of Health and Welfare Scholarship Program: Scholar S	April 2013 – Mar 2017
Recipient of Full Tuition Scholarship, covering study at the International University of Health and Welfare	

Awards

The Best Research Award for Dissertation/International University of Health and Welfare	Mar 2017
Graduation thesis: “Verification of the influence on the muscle thickness of the abdominal transverse muscle in the different types of bridge exercises”.	

Award for Academic Excellence/International University of Health and Welfare	Mar 2017
The 52nd National Physiotherapist Examination, First place in the faculty	

Skills/Licenses

Software: STATA, R, NVivo, EndNote, QGIS, ArcGIS, Qualtrics, ODK; Language: Japanese, English, French; License: Japan, and UK Physical therapist license